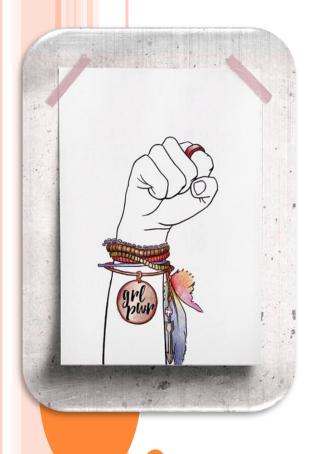
## She IS More

## Fall Teen Girls Groups



Beginning October 16<sup>th</sup> & 17<sup>th</sup>

5 Week Group

"She IS More" is a group for teen girls wanting to grow in their relationship with themselves and others by learning healthy boundaries. Therapists, Ashley and Renee, will teach boundaries through focused discussions and fun, experiential activities. Group is geared for teenage girls, 7-12<sup>th</sup> grade. Middle school group will be held Tuesday night and High school group will be held Wednesday night, continuing for 5 weeks. Groups begin October 16th and 17th. Cost \$100.

Please call 210-209-0642 for more information or head to counseling4lifellc.com to sign up.