

She IS More

Fall Teen Girls Groups



**Beginning
October 16th &
17th**

5 Week Group

“She IS More” is a group for teen girls wanting to grow in their relationship with themselves and others by learning healthy boundaries. Therapists, Ashley and Renee, will teach boundaries through focused discussions and fun, experiential activities. Group is geared for teenage girls, 7-12th grade. Middle school group will be held Tuesday night and High school group will be held Wednesday night, continuing for 5 weeks. Groups begin October 16th and 17th. Cost \$100.

Please call 210-209-0642 for more information or head to counseling4lifellc.com to sign up.